

ATTENTION ATTENTION:

Where is the focus of your language learner's brain?

SPEAKER:

RACHEL PALING

Abstract

Are you or your learner struggling to keep your attention and focus during language learning sessions? Discover techniques of Neurolanguage coaching designed to help harness the full potential of your brain for optimal learning. Boosting Attention and Focus is key for the learner of today. Dive deep into the neuroscience of attention and discover practical techniques to improve your focus during language learning. Learn how to create an optimal learning environment, manage distractions, and use brain-friendly methods to maintain concentration.

Biography

Rachel Marie Paling is an International Game Changer in Education, in particular, the education of languages. She has created the method and approaches Neurolanguage Coaching[®] which incorporates professional coaching and principles of neuroscience into the learning process.

She coaches and trains teachers worldwide, transforming them into certified and ICF accredited Neurolanguage coaches and has created the Neurolanguage Coach[®] network with over 1500 NL Coaches in just over 70 countries worldwide and is now bringing the approach to schools and institutions over the world through her licensed trainers.

Rachel started teaching language at the age of 17 and has a BA Honours in Law and Spanish, MA in Human Rights, she is a qualified UK lawyer, MA in Applied Neuroscience and a PCC ICF Life Coach. She is the author of the books Neurolanguage Coaching[®] and Brain-friendly Grammar and has written numerous blog articles about learning, coaching and neuroscience. She has spoken at many international conferences and ELC was awarded the Bronze Award at the Reimagine Education Awards 2019 in the Science in Learning category.

She is dedicated to the shift in education and has established an educational foundation to bring coaching, neuroscience and heart science into educational processes.

Rachel owns the intellectual property associated with Efficient Language Coaching, Neurolanguage Coaching[®] and other associated brands, methods and materials. She owns the Efficient Language Coaching[®], NeuroHeart Education[®], Neurolanguage Collective[®], Neurolanguage Coaching[®] and ELC Language Coaching Certification[®] trademarks. All trademarks are registered in the US, UK and EU.

In 2020, Brainz Magazine put Rachel in their top 500 Companies, Entrepreneurs, Influential Leaders and Business Owners recognized for their entrepreneurial success, achievements or dedication to helping others.

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2025

EDYOUWEBINAR

ONLINE, 19 FEBRUARY

@14.00 – 15.00 UK TIME